

FAMILY MEDICINE

PAPER – I

FLM/J/15/08/I

Time : 3 hours

Max. Marks : 100

Important instructions:

- Attempt all questions in order.
- Each question carries 10 marks.
- Read the question carefully and answer to the point neatly and legibly.
- Do not leave any blank pages between two answers.
- Indicate the question number correctly for the answer in the margin space.
- Answer all the parts of a single question together.
- Start the answer to a question on a fresh page or leave adequate space between two answers.
- Draw table/diagrams/flowcharts wherever appropriate.

Write short notes on:

1. A 45 year old hospital worker complains of tiredness, right upper quadrant pain and dark urine. Examination reveals jaundice. 2+4+2+2
 - a) List the additional points to be looked for in the history and examination.
 - b) List the differential diagnosis.
 - c) List the relevant laboratory tests in each diagnosis listed in (b).
 - d) Relevant preventive measures pertaining to points in (b).

2. 1+(4+5)
 - a) Define stable angina.
 - b) Prevention and management of stable angina.

3. Clinical features and management of gastro-esophageal reflux disease. 5+5

4. Clinical features and treatment of the following skin diseases: 4+2+2+2
 - a) Atopic dermatitis in children and adults
 - b) Tinea corporis
 - c) Lichen planus
 - d) Impetigo

5. Clinical features, physical examination findings, investigations and management of hypothyroidism. 2+3+2+3

6. Clinical features and physical examination findings of diabetic peripheral neuropathy. 4+6

7. A 75 year old man has hallucinations, neglects personal hygiene and gets lost after wandering from his home unattended. 4+2+4
 - a) State the diagnosis and its clinical confirmation.
 - b) List the relevant laboratory tests with reason.
 - c) List the management principles.

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| 8. | a) List the medical and social consequences of tobacco smoking. | 4+4+2 |
| | b) Principles of smoking cessation programmes. | |
| | c) Role of the family physician in smoking cessation. | |
| 9. | Aetiology, clinical features, investigations and management of gout. | 1+2+3+4 |
| 10. | Clinical features and management of generalized anxiety disorder. | 5+5 |
